

Walthew House

As part of our Lottery funded Making More Happen project, Walthew House recently teamed up with ARC, the creative arts and well-being charity in Stockport, to create a beautiful piece of art. Themed, 'What Walthew House means to me' the work features 16 coloured tiles with pictures and words, designed and sculpted by members. The most common pictures are of hearts, signifying how much people enjoy coming to Walthew House, and hands, signifying friendship. Pictured right, the work is on permanent display in the downstairs hall at Walthew.



Making More Happen recently launched **SK-Social**, a group for 18-45 year olds with sight loss, with drinks and refreshments at The Old Rectory in Stockport – pictured right.



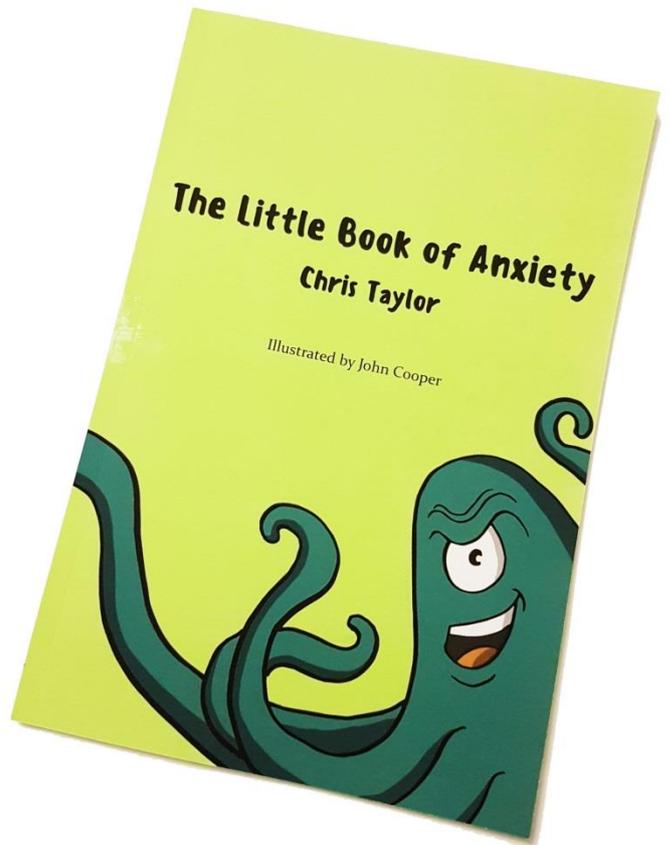
We have a busy few months ahead, including:

- Thursday 16th **January** – **Disability Darts** at Stockport Lads' Club 10am-1pm
- Friday 17th January for 12 weeks - **Beginners' Braille** course -10.30am-12 noon with Rehabilitation Officers from Stockport Council
- Saturday 18th January - we are collecting before the match (from 1.30pm) and at half time at Stockport County. Volunteers will be able to watch the game free of charge
- Tuesday 21st and Wednesday 22nd January – **Living with Sight Loss** – an RNIB course two day course for people new to sight loss
- Wednesday 29th January – Making the Most of your Hearing: a one day course for people with mild to moderate hearing loss, carers and professionals
- Thursday 30th January – NHS Digital will be visiting the **Technology User Group** to demonstrate the NHS App and NHS Login
- Friday 31st January – Ryan Lewis, Deaf Football Coach – visiting Youth Club – 6-7.30pm
- Monday 10th **February** – Chocolate Truffle making workshop
- Wednesday 11th **March** – Walthew House Cup, Blind Bowling Tournament
- Monday 16th March – Cupcake Bouquet making workshop
- Saturday 21st March – the Walthew House Easter Fair

This year, alongside our annual membership scheme, **Friends of Walthew House**, we are launching new discounts on activities and trips. Friends of Walthew House membership costs £10.00 each year and confers voting rights at the charity's AGM as well as being a requirement for people wishing to stand for election to the Board of Trustees. This year we will be offering discounts for members – so for instance, the price of the Chocolate Truffle workshop is £10.00, but for members will be £7.50. The cupcake bouquet workshop will also be £7.50 for members, discounted from £10.00.

Membership forms are available from the Walthew House office.

The **Little Book of Anxiety** is an illustrated guide to understanding why we get anxious, with tips and possible strategies to help. Written by Chris Taylor, who is one of Walthew House's specialist sight loss counsellors, the book is on sale through Walthew House, with £2.00 from the sale of each copy coming to the charity. Not written specifically with sight or hearing loss in mind, the book will be of interest to a general audience, but we can also produce copies in braille or on audio on request. The book costs £5.00 from the Walthew Office, or £6.50 including p&p if you'd like us to send you a copy out. The front cover of the book, which shows an anxious looking octopus(!), is pictured right.



The **Walthew House**

Information Service provides regular updates in accessible formats – braille, audio, large print and British Sign Language. Currently the service is promoting **Stockport Home Library Service**, which has large print books, talking books, DVDs and free eBooks and eAudiobooks via BorrowBox. You can apply by emailing: homelibraryservice@stockport.gov.uk or by calling 0161 474 5600.

And finally a few '**Pleases and thank yous**'.

As we near the end of first year of our Making More Happen project we'd like to thank the **National Lottery Reaching Communities Programme** for their support. The Lottery is contributing over £100,000 over three years to this project, which is making a huge and positive difference for people with sight or hearing loss in Stockport.



Thank you to **Moor Running Friends** for their fantastic support – raising £957.96 for our youth club, and pictured right presenting their cheque.



Thank you to everyone who supported our recent charity auction – which was our most successful ever – raising £1,800. Against fierce bidding Josh won the signed Stockport County shirt – pictured right

Thanks also to the CRH Charitable Trust, the Garfield Weston Foundation, Hits Radio Cash for Kids, Prince of Wales's Charitable Fund, the Rotary Club of Stockport Lamplighter, Thomas Cook Children's Charity and the TK Maxx and Homesense Foundation.

You can support Walthew House online at: <https://wonderful.org/charity/walthewhouse> and every penny supports people with sight or hearing loss in Stockport.



We are grateful for donations in memory of Mrs Marjory Briggs, Mr Frank Dowler, Mrs M Edmenson, Mrs Marion Forster, Mrs Marjory Warren and Mrs Elsie Wilde; and for legacies from the estates of Mr Frederick Mellor and Mrs Florence Turner.

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Reg'd Charity No. 1167749. Reg'd Company No. 09306241

Newsletter and all other printed materials available in large print and on request in braille, audio formats and as a sign language DVD.